

RETIRED MEN'S ASSOCIATION OF GREENWICH, Inc. (RMA) Invites you to a presentation on Webinar, February 2, 11:00 a.m. To view the webinar, log on to: <u>https://bit.ly/30IBj21</u>

## Steven B. Katz, JD, MBA, LLM, MPH, CPA, CDP, FACHE, SHRM-SCP "Successfully Aging at Home and in Our Community"



Steven Katz will discuss what it means to successfully age through the different stages of your older adult lifespan. What is successful aging? How do we adjust our environment to allow us to age safely and with a high quality of life at home and in our community? What are our different options and their costs? Given our individual circumstances, how do we decide what is right for us?

Steve Katz is the Chairman of the Commission on Aging for the Town of Greenwich and is co- spearheading Greenwich's Age and Dementia Friendly certification initiative with the AARP, World Health Organization, and Dementia Friendly America. Steve is the Ambassador of the Aging 2.0 Greenwich Chapter. Mr. Katz is the President of Sterling Care, a certified home

health agency, a non-medical companion and homemaker agency, a certified geriatric care management practice and senior living placement service based in Greenwich, CT. Steve is also an adjunct professor of Health Care Policy and Management at the Columbia University School of Public Health.

Steven has an MPH from Columbia University, an LL.M. in Taxation from NYU School of Law, MBAs in Finance and Accounting and a JD from Fordham University, and a B.A. in Psychology from Brandeis University. He is a New York Certified Public Accountant and has been admitted to the Bars in NY and CT. Steve is a Care Manager Certified, a Certified Geriatric Care Manager, a Certified Dementia Practitioner, a Fellow of the American College of Healthcare Executives and, a Society for Human Resource Managers - Senior Certified Professional.

Please Note: Almost all RMA programs are videoed and may be accessed on the RMA website: Greenwichrma.org

The Greenwich Retired Men's Association offers a free Webinar program every Wednesday at 11:00 a.m. For additional information see www.greenwichrma.org or contact us by email at <u>info@greenwichrma.org</u>