



**RETIRED MEN'S ASSOCIATION OF GREENWICH, Inc. (RMA)**  
Invites you to its meeting **May 15, 2019** at 11:00 a.m.  
First Presbyterian Church, Lafayette Place, Greenwich, CT.

## **Dr. Cynthia MacKay**

### **"Age-Related Macular Degeneration, The largest Cause of Blindness for Seniors"**



Age-related macular degeneration (AMD) is the number one cause of blindness for individuals over the age of 65. Dr. Cynthia MacKay, a distinguished ophthalmologist, will offer a comprehensive discussion of the issues related to this condition that are critical to seniors. She will review the risks and symptoms of macular degeneration, the two different types of AMD (dry and wet), the causes of AMD, present treatments and promising treatments in the future. She will end her presentation with suggestions on how to decrease the risk for getting AMD,

Dr. MacKay is a board-certified ophthalmologist, with comprehensive training in all aspects of eye care, and with special expertise in diseases of the retina and eye laser surgery. She is Clinical Professor of Ophthalmology, Columbia University College of Physicians and Surgeons (Emeritus).

After earning her BA at Harvard University, she graduated from the State University of New York Downstate Medical Center, College of Medicine in 1977. She did an internship in medicine at Lenox Hill Hospital and her residency in ophthalmology at New York Presbyterian Hospital/Columbia University Medical Center. After 40 years in practice of eye surgery and ophthalmology in Manhattan, she retired in August 2018.

**Next Week: May 22, The Melody Men, "Spring 2019 Program."** *The Greenwich Retired Men's Association offers a free program every Wednesday that is open to the public, both men and women; no reservations are required. Our social break starts at 10:40 AM followed promptly by our speaker at 11:00 AM. Programs are at the First Presbyterian Church, 1 West Putnam in Greenwich. For additional information see [www.greenwichrma.org](http://www.greenwichrma.org) or contact [info@greenwichrma.org](mailto:info@greenwichrma.org)*