

CIGAR BOX BULLETIN

Retired Men's Association of Greenwich, Inc.
37 Lafayette Place, Greenwich, CT 06830



www.greenwichrma.org

Chair/Editor: Tim Brooks

Scribes: Av Rivel, Arnold Gordon, John Kavanagh,
Frank Scarpa, Joe Angland, Paul Barbian, Jim Dean, Bob Giaquinto,
David Michonski, Bob Shullman, Fred Wu
Archivist: Tad Larrabee Website: Mark Geimer Format: Len Carusi, Mark Geimer

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SCRIBE: PAUL BARBIAN

"I do not like that man. I must get to know him better." - Abraham Lincoln

President **JOE MANCINELLI** opened the meeting and **STEVE MARINO** led the members in the Pledge of Allegiance. With **JIM SANTORA** accompanying on the piano, **JIM BUTLER** led members in singing "The Star-Spangled Banner," "Shine on Harvest Moon," and "On the Sunny Side of the Street."

ANNOUNCEMENTS

JOE MANCINELLI noted that volunteers are needed to manage our weekly refreshments as **MAURICE KROHN** will be stepping down from that role.

JOE asked for a show of hands of those members who would be interested in participating in a book club. Numerous hands were raised indicating significant interest, leading **JOE** to comment that perhaps more than one book club should be considered.

As **ARNOLD GORDON** was absent, there was no corresponding secretary report.

MICHAEL AMBROSINO provided the Visiting and Membership reports.

- **GEOFFREY BURGE**, now in Australia, had a total hip replacement six weeks ago and his rehab is doing well.
- **STEVE BOIES** is undergoing radiation treatments for prostate cancer, and would welcome advice on a method to prepare for treatments with a full bladder. He can be reached at 203-554-5785.
- **ED FARRELL** has been recovering from knee surgery since March. He is at home and hopefully will return to our meetings shortly.

At today’s meeting, there are 70 members attending in person, and seven via zoom. Guests in attendance were the following:

- Gary Berner, guest of **PETER STERN** and **TAD LARRABEE**.
- Mickey Robinson, guest of **GRAN BURGESS** and **HOLLISTER STURGES**.
- Jim Buckley, guest of **JEROME COLEMAN** and **PAT MacCARTHY**.

Birthdays were as follows.

HECTOR	ARZENO	75
GERRY	MAYFIELD	87
ANDY	HOLMES	66

MICHAEL also reported that RMA has 216 members, which is a very strong membership roster compared to other organizations in Greenwich. Compliments to the Membership Committee.

Regarding Volunteer Programs, **WILL MORRISON** introduced a new emphasis on generating interest in the variety of non-profit organizations and projects that our members support. In the future, advocates for the agencies will fill us in on their goals and volunteer opportunities. On a regular basis volunteer hours will be reported from both a non-profit and member perspective. For instance, this week’s volunteer hours were,

- Number of non-profits engaged: eight.
- Non-profit with the most hours: Call-A-Ride with 35 hours.
- Number of volunteers: 20.
- Volunteer with the most hours: **HORST TEBBE** with 25 hours.

HOLLISTER STURGES announced that next week's speaker will be Dwight Chapin, invited by **BOB RIMMER**. Chapin will speak on "The President's Man: The Memoirs of Nixon's Trusted Aide".

OTHER ANNOUNCEMENTS

JACK WEIR reminded the membership that the RMA Banquet will be a luncheon on November 9th at the Tamarack Country Club.

At the next RMA meeting on October 12, First Selectman Fred Camillo will read a proclamation marking the 68th anniversary of the RMA.

DON ROTZIEN reported that the next ROMEO (Retired Old Men Eating Out) lunch will be held on October 6th at 1:00 pm at the Cos Cobber North at the Griff Golf Course on King Street in Greenwich. Ordering is off the regular menu which has very fair prices. See you there!

The Fall schedule for The Melody Men is attached. The next performance is on Friday, October 7th, at 3:00 pm at Hill House in Riverside.

For Fall Schedule, [CLICK HERE](#)

GRAN BURGESS announced the release of his recording of four original country songs, called *Listen to the Land*. The songs can be streamed on iTunes, Spotify or any musical device.

GAMES PEOPLE PLAY

Pickleball: **PAT MacCARTHY** reminded us that play occurs every Monday and Thursday from 10 am to noon at Christiano Field.

Tai Chi: **WILL MORRISON** said that the group meets Mondays at 9:30 in Old Greenwich. To find out more and to get on the weekly mailing list, contact **WILL** at wdmorrison@gmail.com.

Bridge: **TONY COCCHI** reported on the bridge results for last week: **TONY COCCHI**, 2290, **RON MURRAY**, 2260, **ALEX KOSSEIM**, 2160. The bridge players meet each Wednesday at 1 pm in the main library in the lower level near the snack bar.

Hearts: **DON CONWAY**. Table 1 completed two games. **MICHAEL AMBROSINO** won two games, and moon shots were scored by **MIKE** and **JOHN KNIGHT**. Table 2 completed two games. Winners were **PETER BERG** and **GRANT PERKINS**, with moon shots by **DON CONWAY** and **GRANT PERKINS**.

Golf: **MIKE RYAN**. Play was rained out last week. The annual RMA Golf Lunch will take place on Wednesday, October 12, at the Field Club on Lake Avenue. Those who have signed up but not yet paid can do so by sending **MIKE** a check (made out to the RMA), at 76 Tomac Avenue, Old Greenwich, CT 06870. Members can also pay **MIKE** at the RMA meeting next Wednesday, or at the Field Club. Dress code is sport coat, with tie optional. It would be very helpful if those attending would bring something that can be given away in the free raffle.

Tennis: **JOHN KNIGHT**. Eight players participated on Friday. The results of Friday's matches were the following:

- Opening Round, court 1 winners, **PETER ORBANOWSKI/ANDRE MAZUREK**. Court 2 winners, **PAT MACCARTHY/BRIAN MAHONEY**.
- Final Round, court 1 winners, **ANDRE MAZUREK/BRIAN MAHONEY**. Court 2 winners, **BRUCE SOCKET/JOHN REESE**.

Platform Tennis: **JIM DEAN**. The season will begin at 10 am on Oct 11, at Loughlin Field. All are welcome. Please sign up at the sign-up sheet on the bulletin board. **JIM** can be reached at 203-550-0657.

Walkers and Talkers: **TAD LARRABEE**. Eight walkers had beautiful, cool weather for a somewhat strenuous walk of four and a quarter miles on Thursday, Sept 29, at the Mianus River Park. We managed to get lost for a short while, but soon corrected course and found our way back to our cars. The trails are not well-marked, but the park map helped somewhat. **JERRY POLLACK** expressed his great pleasure in sitting in the front seat of the car because he found all of the trails were up hill.

HUMAN INTEREST/BOOK REVIEW

JOE MANCINELLI provided a review of the book *All the Light We Cannot See*, by Anthony Doerr. **JOE's** comments and recommendation are attached.

For book review, [CLICK HERE](#)

TODAY'S SPEAKER

Captain Rick McGoey, USN Retired, spoke on the subject "Control of the Seas during the Soviet-US Arms Race: How One Submarine Made a Difference." The talk described life onboard a submarine, preparations for extended deployments, experience during submarine operations, and how submarine operations influenced global events during the Soviet-US Arms Race.

Captain McGoey first described a modern nuclear submarine as being the length of a football field, sleeping quarters with three or more sailors in a state room, and up to nine in a bunk room, food stored under the floor of passageways, and a long "commute" from his state room near the bow to his duty station nearly to the stern. He also described his rigorous training including finding his way in the dark in a fire drill, and escape training drills in a 150-foot-tall water tank using an emergency breathing device. US modern subs stay on patrol and mostly underwater for 120 days. The length of a cruise is limited primarily by food supply.



During the Cold War, the Soviets were building four naval vessels for each US vessel built. The US relied upon superior technology to make up for the difference in numbers. Therefore, it was very important for the US to know about technology advances being made by the Soviets. As part of the ongoing US efforts to collect intelligence about Soviet technology, Captain McGoey aboard the US nuclear submarine *Silverside* was deployed to the Barents Sea off of the northern coast of Russia to monitor deployments of advanced Soviet subs. After waiting patiently, the *Silverside* observed the Soviets testing a new sub.

The Silverside was able to follow the Soviet sub so closely that the US sailors could hear the Soviet sailors speaking. The Silverside also observed four, failed Soviet attempts to sink with new cruise missiles a wooden replica of the US carrier Enterprise. The Silverside collected invaluable intelligence on this mission, and was not detected by the Soviets, in spite of being extremely close the Soviet sub and beneath multiple Soviet surface vessels.

Captain McGoey served for 30 years in the US Navy in both active and reserve duty and held various command positions. He served on US Fleet ballistic missile and US fast attack nuclear powered submarines. Captain McGoey attended the US Naval Academy and then completed nuclear power training and certification under Admiral Rickover. He served onboard the USS James Madison and the USS Silversides. Following active duty, he served in the Naval Reserve including Submarine Command and Control in the Pentagon. He received many naval commendations. In a civilian capacity he worked in the US electric power industry with a specialty in nuclear engineering. He held various executive positions in an electric utility and a consulting company supporting nuclear power plant engineering and operations. Here he was involved in new nuclear development and state-of-the-art advanced small modular reactors. He continues to serve as a Blue and Gold Officer supporting the Admissions Office of the US Naval Academy, Annapolis, Maryland.

This presentation was NOT recorded on video.

IMPORTANT REMINDERS

TO CBB CONTRIBUTORS: Scribe for the next in-person meeting, on October 12, will be →**JOHN KAVANAGH**←. Please send a copy of any remarks you want included in the CBB to jjkct176@gmail.com.

ALL MEMBERS: The CBB team works every week to write and publish an informative and concise bulletin for our members' enjoyment. We can always use new members to join the Scribe Tribe. Please contact **TIM BROOKS** at tbroo@aol.com if you can support this effort.

ALL MEMBERS: Do not forget to report all your inside and outside volunteer hours to **WILL MORRISON** at wdmorrison@gmail.com.

ALL MEMBERS are reminded that in addition to streaming on the Internet, RMA speakers are normally shown on the local public access TV channels, Verizon FIOS channel 24 and Optimum (Cablevision) channel 79.

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RMA 2022 CALENDAR

Weekly Repetitive Activities*			
Day	Time	Activity	Contact
Mondays	9:30 am	QiGong and Tai Chi Workout	Register in advance with Will Morrison – wdmorrison@gmail.com
Mondays	10:00 am	Pickleball at Christiano Park	Pat MacCarthy – pmacCarthy415@gmail.com Mark Geimer – mark.geimer@gmail.com
Tuesdays	Various tee times	RMA Golf, the Griff Golf Course, Greenwich	Mike Ryan – ryantomac@netscape.net
Tuesdays	10:00 to 11:00 am	Platform (paddle) tennis at Loughlin Field, Cos Cob	John Dean - Jhdeanco@gmail.com
Wednesdays	9:45 to 10:30 am	RMA Weekly Meeting	Horst Tebbe – onehorst@optimum.net or Len Carusi at lencarusi@gmail.com
Wednesdays	1:00 pm	Hearts	Bob Shullman – bob.shullman@gmail.com
Wednesdays	12:30 pm	Bridge	Andre Mazurek - Mazurek.a.j@gmail.com
Thursdays	9:00 am	RMA Walking	Tad Larrabee - tadlarra@optonline.net
Thursdays	10:00 am	Pickleball at Christiano Park	Pat MacCarthy – pmacCarthy415@gmail.com Mark Geimer – mark.geimer@gmail.com
Friday	11:00	Outdoor Tennis, Bruce Park	John Knight - johnknight7@gmail.com
Friday	1:30-3:00 pm	Indoor Tennis (resumes in fall)	Andy Holmes - Andyholmes56@gmail.com

*Day & time of some events may vary; check with contact

