CIGAR BOX BULLETIN



Retired Men's Association of Greenwich, Inc. 37 Lafayette Place, Greenwich, CT 06830

> www.greenwichrma.org Chair/Editor: Tim Brooks



Scribes: Av Rivel, Arnold Gordon, Ed Farrell, Joe Mancinelli, Frank Scarpa, Joe Angland, Bob Samuels, Bob Shullman Archivist: Tad Larrabee Website: Mark Geimer Format: Len Carusi, Mark Geimer

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SCRIBE: BOB SAMUELS

"In Flanders fields the poppies blow, Between the crosses, row on row" - Composed by Lieut. Col. John McCrae at the battlefront, 1915

President **MICHAEL AMBROSINO** opened the meeting, with the Pledge of Allegiance being led by **DON CONWAY**. In honor of the forthcoming Veteran's Day celebrations, song leader **TOM HEALY**, accompanied by pianist **BOB MORGAN**, led the RMA in singing the songs of the U.S. armed forces, Navy, Marines, Air Force and Army. Later, **MICHAEL** offered a salute to veterans in the audience, which included passing out poppy boutonnières and a recitation of the World War I poem "In Flanders Fields." He told the story of the poem, and the significance of poppies, placing everything in historical context.

Mentor for the day was **DON ROTZIEN**, and Scribe, **BOB SAMUELS**.

MICHAEL then announced that a food drive to benefit the Covenant House in Stamford is underway, with deliveries scheduled for November 15th. Cash donations would be much appreciated and will be used to purchase food items which will be delivered prior to Thanksgiving. Cash and/or checks made out to **MICHAEL AMBROSINO** can be given to him or mailed to him at 1 Knollwood Dr East, Greenwich, CT 06830.

There will be a Veteran's Day walk down Greenwich Ave, November 11, RMA members are invited, starting from Pasta Verde restaurant at 10 am followed by a ceremony at The old post office, at 11:00 am.

After repeating a few couplets from those old Burma Shave signs, Corresponding Secretary **ARNOLD GORDON** told several good jokes which, in the interests of propriety, will not be repeated here.

Membership chair **PETER STERN** followed with a single birthday announcement, for **ROBERT SIBLEY**, who turned 79. Attendance was reported as 79 in-person plus 11 on Zoom, for a total of 90 members. In addition, we welcomed three guests:

George Catlett, guest of **HORST TEBBE** and **BILLY LONDON** Tim Alexander, guest of **DON ROTZIEN** Dick Williamson, guest of **STEVE BOIES**

In addition, **PETER** extended a special in-person welcome to **ED BLOOM**, and acknowledged returnee **PAT MACCARTHY** who is back from Ireland. **PETER** reminded returnees to please sign-in at the member service desk with your name and where you are returning from (city, state, or country), so that it can be announced both at the meeting and in the CBB. And if you are celebrating a "special" anniversary, meaning 50, 55, 60, or anything beyond 60, please also indicate that at the member service desk so that it can be announced.

JOE MANCINELLI reminded us that there will be no RMA meeting next week. Instead, next Wednesday, November 10, at 10:30 the annual RMA banquet will be held at the Tamarack Country Club. The dress code for men is jacket and tie, shoes optional (just kidding). Please contact **JOE** if you wish to attend (jlmanc@optonline.net).

KLAUS JANDER announced that the Women's Club of Greenwich will be holding a fundraiser, the Charity Holiday Boutique, on Friday and Saturday November 12 and 13. Profits for this event will go to many philanthropies. Volunteers are needed to help with parking. Please contact **KLAUS** at 203-661-3232 with any questions.

STEVE BOIES informed us that the program speaker this week is author Evan Osnos. There will be no speaker next week, the next speaker, on Nov 17th will be Martin Majkut, candidate for conductor of the Greenwich Symphony Orchestra.

FUN AND GAMES

1 Pickleball: PAT MACCARTHY reported.

2 **Walkers: TAD LARRABEE** reported that "Last Thursday, eight walkers found some nice fall color in the Cranberry Lake Preserve, even though many leaves had been beaten down by the wind and rain the previous day. Some areas of the trail were waterlogged, but we were able to walk around those areas and enjoy a 3.5-mile walk. The area has several streams and small waterfalls, a smooth lake reflecting the colorful leaves, a "cliff walk" up to the top of the old stone quarry and pleasant woods. The quarry was active from 1913 to 1917 when the nearby Kensico Dam was built to provide water for New York City. On Thursday, Nov. 4, weather permitting, we anticipate walking the Thirteen Bridges Trail in Rockefeller State Park, one of our favorite walks."

As reported last week, in a more ambitious hike on October 25th, a group of six hikers led by **TAD** tackled Bear Mountain just across the Hudson River. Here they are:



3 Tennis: ANDY HOLMES offered that "As we do every Friday, four matches were held at the Old Greenwich Academy. Opening round winners were **BILL HOWLAND** and **MICHAEL AMBROSINO**, and **BOB GRAYSON** and **RALPH NEWITTER**. Final round winners were **AMBROSINO** and **NEWITTER**, as well as **JOE MANCINELLI** and **JIM FISHBEIN**. This week's captain will be **ARN WELLES**."

4 **Golf: PAUL CAMPION** reported on the final outing of the season, which was capped by a luncheon and farewell for **GEOFFREY BURGE**, who is returning to Australia. As can be seen, a fine time (and much liquid refreshment) was had by all.



5 Tai Chi: WILL MORRISON posed the eternal question, "What is the minimum amount of exercise needed to minimize the risks of disease and dementia?" Answer: Move more, sit less. Try walking briskly 30 min/5 days per week. Swimming is also good. Muscle strengthening exercise two days using light weights and stretch bands.

6 Bridge: JOE WATTS said that five players joined Wednesday afternoon session at the Women's Club. **ANDRE MAZUREK** earned 2610 points, **TONY COCCHI**, 2550, **JOHN FEBLES**, 2440, and our newest member, Alex Kosseim, 2080. **JOHN** and **TONY** bid and made a slam for 1430 points.

7 Hearts: JOE DOWLING reported seven games were completed, with two moon shots and one Mars landing.

TODAY'S SPEAKER

Evan Osnos, author of Wildland: The Making of America's Fury, spoke via

Zoom on how America got to where it is today using three underlying principles on which our country was founded - the rule of law, the right of opportunity for all, and the power of truth. Osnos, who grew up in Greenwich, is a staff writer for the *New Yorker*, a CNN contributor and a senior fellow at the Brookings Institution.

SPECIAL FEATURE

Past President **PETE UHRY** has asked that we include a few "historical" RMA pictures, with a question of the week. Last week's picture (below) was taken at the 2016 annual RMA banquet and shows **CHUCK STANDARD**, at right, leading the pledge.



Here is another one, from the 2012 banquet. Who's that flaunting a boa?



If you have any pictures of past RMA activities, contact the Editor.

IMPORTANT REMINDERS

TO CBB CONTRIBUTORS: Scribe for the next meeting, on November 17, will be →BOB SHULLMAN←. Please send a copy of any remarks you want included in the CBB promptly to BOB at <u>bob.shullman@gmail.com</u>.

ALL MEMBERS: Do not forget to report all your inside and outside volunteer hours to **JOHN FEBLES** at <u>jfebles13@gmail.com</u>.

ALL MEMBERS: The CBB Team works every week to write and publish an informative and concise bulletin for our members' enjoyment. We welcome new members to join the CBB Team. Please contact **TIM BROOKS** at <u>tbroo@aol.com</u> if you are interested. Also, activity chairs are asked to review the calendar at the end of the CBB to make sure their data is up to date.

ALL MEMBERS are reminded that in addition to streaming on the Internet, RMA speakers are normally shown on the local public access TV channels, Verizon FIOS channel 24 and Optimum (Cablevision) channel 79.

Retired Men's Association of Greenwich, Inc. · 37 Lafayette Place · Greenwich, CT 06830 · USA. Visit our website at <u>www.greenwichrma.org.</u>

| Weekly Repetitive Activities* | | | | |
|-------------------------------|------------------------|---|--|--|
| Day | Time | Activity | Contact | |
| Mondays | 11:00 am to 1:00 pm | Pickleball at Christiano Park | Pat MacCarthy – <u>pmaccarthy415@gmail.com</u> Mark Geimer – <u>mark.geimer@gmail.com</u> | |
| Tuesdays | Various tee times | RMA Golf, "The Griff Golf Course," Greenwich | Paul Campion – paulcampion1@optonline.net | |
| Wednesdays | 9:45 to 10:30 am | RMA Weekly Meeting | Horst Tebbe - onehorst@optimum.net or Len Carusi at lencarusi@gmail.com | |

RMA 2021 CALENDAR

| Wednesdays | 12:45 to 3:30 pm | Hearts at the Women's Club | John Kavanagh - jjkct176@gmail.com |
|------------|------------------------|--|--|
| Wednesdays | 12:45 to 3:30 pm | Bridge at The Women's Club | Andre Mazurek - mazurek.a.j@gmail.com |
| Wednesdays | 4:00 to 5:00 pm | "Tai Chi New Joiners" – Greenwich Commons | Will Morrison - wdmorrison@gmail.com |
| Thursdays | 9:00 am | RMA Walking | Tad Larrabee - tadlarra@optonline.net |
| Thursdays | 11:00 am to 1:00 pm | Pickleball at Christiano Park | Pat MacCarthy – <u>pmaccarthy415@gmail.com</u> Mark Geimer – <u>mark.geimer@gmail.com</u> |
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*Day & time of some events may vary; check with contact