

CIGAR BOX BULLETIN

Retired Men's Association of Greenwich, Inc.

37 Lafayette Place, Greenwich, CT 06830

www.greenwichrma.org

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Reflecting on the hazards of an improper diet,

"I'm too old to die young" ...Ginny Risio, 91

Prior to the meeting and for reasons unknown, **BOB BISHOP, MARSHALL TOPPO** and **CHET RISIO** began an enthusiastic but garbled version of *Le Marseillaise*. **GEORGE STOCKBRIDGE** chimed in with the complete lyrics, in French. "Bien Fait, George".

At 10:03am President **JERRY SCHWENDEMAN** summoned all to the meeting in the Sanctuary. **JOE DOWLING** led the ensemble in the Pledge of Allegiance. **JACK SWEGER**, in honor of Independence Day, conducted a rousing chorus of the theme songs of the armed forces: *The Marine Corps Hymn, The Army Goes Rolling Along, Anchors Aweigh* and *Off We Go*. **GEORGE UBOGY** kept an energetic pace on the piano. **TOM HEALY** told a series of quick humorous stories culminating in one about the confusion in medical tests that had a man diagnosed either with Alzheimer's or an unspeakable sexual disease.

ANNOUNCEMENTS

Returns: **FRANK SCARPA** from Norway and the UK. **JOEL BLUMBERG** from Seattle.

Congratulations to **HENRY BAKER** and his wife, Joan, celebrating their 68th wedding anniversary!

Special Events: **JIM FISHBEIN** spoke of the PepsiCo Sculpture tour and **MAURICE KROHN** made us aware of a new trip to Wave Hill in Yonkers. See below.

SERGE GABRIEL reminded us of the Fourth of July celebration at Town Hall at 9:00am. He proudly spoke of France's invaluable aid to America during the revolution.

ARNOLD GORDON gave an eloquent eulogy about the genial **GERALD BERRAFATI**, our recently deceased member. **GERRY** was born to Sicilian immigrant parents and earned his medical degree from the University of Turin, Italy. He practiced Obstetrics and Gynecology for forty years.

About 20 RMA members attended **GERRY's** memorial service. They all agreed that **GERRY** was well liked but hardly anyone really knew him.

(This Scribe can attest to the several times **GERRY** was asked to write his Member Profile, but he demurred with "Who would be interested?")

COMMITTEES

Today's Speaker: **JIM FISHBEIN** encouraged us to stay for a talk on Cyber Crime by Gary Rossi.

Next week's speaker: **HOLLISTER STURGES** said Jennifer Pehr, a Senior Planner at Skidmore, Owings and Merrill, will speak on land use in *A Strategic Plan for North America*.

On July 17, Nelson Tebbe, Professor of Law at Cornell, will speak on *The Supreme Court's Legitimacy in an Era of Polarized Politics*.

Membership: **ED FARRELL** informed us of today's attendance which was 94 members and one guest. William London, g/o **ARNOLD GORDON** and **JOEL BLUMBERG**. The birthday boys were **CRO MARTIN**, 66, **JON CARON**, 95, **ALEX GOSPODINOFF**, 92, **HOLLISTER STURGES**, 80, **BOB KURZMAN**, 87, **DAN FREDLAND**, 85, **JOSEPH HAVRANEK**, 76, and **HOWARD RICHMAN**, 66.

Volunteer hours: **GEOFFREY BURGE** gave the hour totals: 294 outside hours by 33 members and 131 inside hours by 2 members. Top volunteer was **ED PARKER** with 30 hours.

RMA Annual Picnic: **JOE MANCINELLI** will head the Annual RMA Picnic on Sept. 12. There will be fun, games, raffles, prizes, great food and drink. Back by popular demand will be the RMA Lip Sync contest hosted by **MIKE AMBROSINO**. Volunteers are needed to help setup, prep and cleanup. Sign up for volunteer activities with **JOE**.

GAMES OF THE RMA

Bridge: No game. Not enough players.

Tennis and Pickleball: **JOHN KNIGHT** said only two players showed up for tennis last week while 10 players came out for pickleball. Remember, tennis every Monday 9-11 and pickleball every Thursday 9-11 at the Loughlin Courts. Contact **JOHN KNIGHT** or **TONY COCCHI**.

Hearts: For June 26 there were 3 tables with 12 players. At table 1, **MIKE AMBROSINO** won one and **ANDY HOLMES** won two. At table 2, **JOHN KAVANAGH** and **ED FARREL** were winners. At table 3, the winners were **CHARLIE GRAVES** and **LOU TROVATO**. Moonshotters were **JOHN KNIGHT**, **ED FARRELL**, **RALPH VIGGIANO** and **LOU TROVATO**. Next week's captain is **PETER BERG**.

Golf: **GEOFFREY BURGE** reported there were 22 players with 10 scoring under 100. Lowest score by **JIM BOARDMAN** with an 87. Nearest to the pin on 7 and 15 and longest drive on 17 all went to **GEOFFREY BURGE**. Special mention to **ROSS CURTIS** who shot a 97 at the age of 95!! Just Amazing!

Tai Chi: **WILL MORRISON** notified us that Greenwich YMCA will resume its Parkinson's Body and Mind Program for six weeks starting Monday, July 7. Classes are offered in boxing, Tai Chi and Yoga. Contact **WILL** at wdmorrison@gmail.com for further information.

SPECIAL EVENTS

PepsiCo Sculpture Gardens Tour, Sept. 19. RMA member **ARTHUR STAMPLEMAN** will lead a guided tour of the 45 works by the 20th century's leading artists. An upscale buffet lunch will follow at the Doral Arrowood Resort. The full buffet will cost \$40 and the extensive salad bar is \$25. Transportation is self-drive. Contact **JIM FISHBEIN**. Status: Five openings.

Wave Hill Tour, Yonkers, Sept. 10th from 9 to 11am, lunch at The Lobster House on City Island, \$110pp. Bus departs St. Catherine's at 8:00am. Contact **MAURICE KROHN**. Status; open.

NOTE: The CBB will now include an addendum with a running RMA Calendar that will list the wide variety of RMA activities scheduled for the upcoming year. This Calendar will be updated on a weekly basis. Please contact **JOE MANCINELLI** with any errors or omissions at jlmanc@optonline.net.

TODAY'S SPEAKER

JIM FISHBEIN introduced **Gary Rossi**, Vice President of Security at Fidelity Global Security, who *spoke on Practical Tips to Ensure Personal Security and Avoid Cyber Crime*. From the outset Mr. Rossi made us aware of the many ways our personal safety and security is under attack. The average person innocently leaves openings for exploitation by cyber criminals. He said "Dimitri", somewhere in the Baltics, Ukraine or Russia, hovers every moment waiting for the chance to steal passwords, codes, social security numbers, etc. With that information, personal accounts can be invaded, funds can be transferred to untraceable foreign accounts and once secure lives can be destroyed in a matter of minutes.

Mr. Rossi, a former FBI Chief of Undercover and Sensitive Operations unit, detailed the measures to take that will reduce exposure to cyber criminals. Namely:

Freeze your credit

Never use public Wi-Fi

Use a dedicated device for personal finances

Use a two-factor identification

Establish alerts on your accounts

Hire an expert to assess your risk

In addition to financial security, Mr. Rossi stressed the importance of personal safety. He said household help should be vetted and always have good travel medical insurance when traveling. He warned that "Dimitri" is out there, waiting.

NEXT WEEK'S SPEAKER

Jennifer Pehr, an American Institute Certified Planner, will address

Envisioning the Future American Aesthetic: A Strategic Plan for North America

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 06830 · USA Visit our website at www.greenwichrma.org

RMA 2019 Calendar

Weekly Repetitive Activities			
Date	Time	Activity	Location
Mondays	9:00am to 11:00am	Summer Tennis	Loughlin Ave. Courts
Tuesdays April through September	Various 8:00am to 11:00am Tee Times	Golf	Harris Griffith Golf Course
Wednesdays	10:00am to 11:00am	RMA Weekly Meeting	First Presbyterian Church, One West Putnam Ave., Greenwich CT
Wednesdays	1:00 to 3:00pm	Hearts	Greenwich Civic Ctr. 90 Harding Road, Old Greenwich
Wednesdays	Starts 8:30am	Tai Chi Walk	Greenwich Sr. Center
Wednesdays	1:00 to 3:00pm	Bridge	Greenwich YMCA
Thursdays	9:00am to 11:00am	Pickleball	Loughlin Ave. Courts
Thursdays	9:00 AM	RMA Walking	Various TBD
RMA Special Events			
September 10, 2019	9:00 to 11:00am	Wave Hill Tour	Yonkers, NY
September 19, 2019	TBD	Kendal Sculpture Gardens	Doral Arrowwood Resort Purchase, NY
July 25, 2019	4:30pm to 8:30pm	Melody Men Luncheon	Queen Ann Building Greenwich Point
September 12, 2019	12:00 Noon	ANNUAL RMA PICNIC	Greenwich Point Park
November 13, 2019	12:00 Noon	ANNUAL RMA BANQUET	Tamarack Country Club

