

***RETIRED MEN'S ASSOCIATION OF GREENWICH, Inc. (RMA)  
invites you to attend its meeting, on Wednesday, May 7, 2014.  
First Presbyterian Church, Lafayette Place, Greenwich, CT.***

***RICHARD C. CONNORS, M.D.***

***SKIN CANCER, SUN PROTECTION AND PRE-CANCEROUS  
LESIONS***



Skin cancer — the abnormal growth of skin cells — most often develops on skin exposed to the sun. But this common form of cancer can also occur on areas of your skin not ordinarily exposed to sunlight. You can reduce your risk of skin cancer by limiting or avoiding exposure to ultraviolet (UV) radiation. Checking your skin for suspicious changes can help detect skin cancer at its earliest stages. Early detection of skin cancer gives you the greatest chance

for successful skin cancer treatment.

Skin cancer is the leading cancer diagnosed and it is estimated that it will affect one in five Americans in their lifetimes. Skin cancer is more prevalent in lighter skin but occurs in people of all races and skin types. There are three main types of skin cancer that are diagnosed: basal cell carcinoma, squamous cell carcinoma and melanoma. Early detection is so important because, if caught early, these skin cancers can be 100% curable. The American Academy of Dermatology recommends that people perform self skin examinations monthly and have a full-body skin exam by a board-certified dermatologist once a year (and more if you have been previously diagnosed with a skin cancer).

Dr. Connors has had years of experience in detecting, diagnosing and treating skin cancers in his patients. In addition, he spends much of his time both in and out of the office educating people about important skin cancer prevention topics such as what to look for in moles, the use of sunscreen, and the dangers of indoor tanning.

Dr. Connors, who practices in Greenwich, is Section Head of Dermatology at Greenwich Hospital. He received an M.A. from the College of the Holy Cross, his B.M.S. from Dartmouth Medical School, and his M.D. from Cornell University Medical College. He is a Fellow of the American Academy of Dermatology, a Diplomate of the American Board of Dermatology and of the American Board of Dermatology and Pathology, and a Clinical Assistant Professor, Department of Dermatology of the NYU Medical Center.

**Our business meetings begin at 10, and our speakers are scheduled for 10:30. No Charge, and No Reservations are required. For additional information, call Bernard Schneider, 203-698-2558; bgsesq@gmail.com. See our website [greenwichrma.org](http://greenwichrma.org).**