

**RETIRED MEN'S ASSOCIATION OF GREENWICH, Inc. (RMA)  
invites you to attend its meeting, on Wednesday, Mar. 20, 2013.  
First Presbyterian Church, Lafayette Pl., Greenwich.**

**KRISTEN CUSATO**

**AVAILABLE SUPPORT FOR CARING FOR A LOVED ONE WITH  
ALZHEIMER'S**



Alzheimer's is a type of dementia that causes problems with memory, thinking and behavior. Symptoms usually develop slowly and get worse over time, becoming severe enough to interfere with daily tasks. There is no current cure, but treatment for symptoms is available. If you or a loved one has been diagnosed with Alzheimer's or a related dementia, you are not alone. The Alzheimer's Association is the trusted resource for reliable information, education, referral and assistance to the millions of people affected by the disease, including seventy thousand people in Connecticut,

Since 2011, Kristen Cusato has been the Southwest Regional Director of the Connecticut Chapter of the Alzheimer's Association. Founded in 1980, the Association is the world's leading voluntary health organization in Alzheimer's care, support and research. Its mission is to eliminate Alzheimer's through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

Ms. Cusato had worked 22 years in the television industry, primarily as an anchor/reporter. After stops in Middletown NY, Lubbock TX, and San Diego, CA, she returned to Connecticut in 2009 as co-anchor of Good Morning Connecticut on WTNH News Eight, where she worked until assuming her current position as Regional Director. She plans to use her skills, coupled with the resources of the Association, to continue to fight this horrible disease. Over the last several years, raising awareness about Alzheimer's has become her passion. Her return to the East Coast in 2009 reflected her mother's diagnosis with a form of Alzheimer's called Lewy Body Disease. She will speak on the Ten Warning Signs of Alzheimer's, and discuss local resources available to support both the patient and the caregiver, emphasizing the partnership of patient, family and community.

Ms. Cusato lives in Fairfield, is a big fan of the New York Yankees, and regularly attends live music concerts.

**RMA members and their guests should arrive by 9:45 AM for our full meeting. The general public should plan to arrive at 10:30 AM. Meetings are held at the First Presbyterian Church, Lafayette Place, Greenwich. No Charge and No Reservations are required. Questions about any of the above, call Bernard Schneider, 203-698-2558; bgsesq@gmail.com.**