



# CIGAR BOX BULLETIN



## Retired Men's Association of Greenwich, Inc.

60 Years of Fellowship and Community Service

Visit us on the web at [www.greenwichrma.org](http://www.greenwichrma.org)

Here are the volunteers who publish this Bulletin each week for your enjoyment. **Editor/Chairman:** Chet Risio. **Scribes:** Av Rivel, Gran Burgess, Kurt Schaffir, Arnold Gordon, Ed Farrell, Gerry Lessuk, Steve Elliot, and George Stockbridge, Emeritus. **Archivist:** Harold Frost. **Format and Layout:** Gene Schwartz, Jack Cuff, and Andrzej Mazurek. **Reproduction/Distribution:** Chet Risio.

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Volume 65, No. 23

October 4, 2017

President DON CONWAY brought the meeting to order at 10:02am. KURT SCHAFFIR led the assembly in reciting the Pledge.

ERF PORTER conducted the songfest with the traditional first of the month patriotic song, The Star-Spangled Banner followed by Sentimental Journey and Shine on Harvest Moon.

At the piano BOB MORGAN rendered the music accompaniment.

The Corresponding Secretary, AV RIVEL, told a joke with predictable groaning. He followed up with another joke about a sly old man reaping the benefits of clever deception.

### ANNOUNCEMENTS

1. The Chairman of the Annual Luncheon/Dinner, TAD LARRABEE, reported that the RMA Annual Dinner is slated for Wednesday, November 8, 2017 at the Tamarack Country Club. Table hosts will record your order for salmon, beef rib or chicken. Cost is \$60.00 per person and \$30.00 for RMA widows. The final date for arrangements is Wednesday, October 25th.
2. STEVE MEYERS announced that the 2017 Nobel Prize in Physics was awarded to three Americans. Rainier Weiss, Kip Thorne and Barry Barish won for providing an important confirmation of Einstein's General Theory of Relativity.
3. The Program Committee meeting slated for Oct. 11th has been rescheduled for Oct. 18th at 9:00am in the usual room.
4. MARTIN WAINE recently returned from South Dartmouth, ME.
5. BOB BISHOP said a memorial service for CHUCK STANDARD will be held at Riverside Yacht Club on October 13th at 2:00pm.



6. ARNOLD GORDON announced a memorial service will be held at a future meeting for WILLIAM ZBORAY, a former member recently deceased.

## COMMITTEES

**VISITING:** President DON asked for a volunteer to report on hospitalized or ailing members.

**PROGRAM:** ARNOLD GORDON urged all to stay for Today's Speaker, **Dr. Paul Bernstein**, Optometrist, and his talk on "The Aging Eye". HOLLISTER STURGES said next week's speaker will be **David Gilbert**, Conductor of the Greenwich Symphony, addressing "The Life of a Conductor".

**MEMBERSHIP:** ED FARRELL said there were 119 members in attendance and one guest. Lou Trovato was the g/o PETER STERN. The birthdays boys were BILL HORN, 84, GARY MILLER, 79, and GERRY MAYFIELD, 82.

**VOLUNTEERS:** GRANT PERKINS reported 309 outside hours by 46 RMAers and 110 inside hours by 21 members. The most hours were by ABBEY SMOLER at 24 hours.

**SPECIAL EVENTS:** ABBEY SMOLER stated that the next RMA trip will be to the NY Philharmonic rehearsal on Jan. 11, 2018. Lunch is at the Atlantic Grill. Cost per person is \$110. There are 35 places available. The bus will depart at 8:00am. For information call MIKE FERRARESE at 203 554-0678 or ABBEY SMOLER at 203 531-0236.

## THE SCOREBOARD

**BRIDGE:** JOHN FEBLES reported that there were 8 players. Top scorer was JOHN HOFFFMAN at 1,950. KURT SCHAFFIR at 1,570 and third was TONY COCCHI at 1,270.

**GOLF:** RUSS HARDEN told us that 29 men attended with two playing nine holes. Ten men shot under 100 and one in the 80s. TED EWING shot a great 86. Nearest to the pin on hole # 7 was JOHN AWDZIEWICZ. Nearest to the pin on #15 was ROS CURTIS. Longest drive on #17 was RUSS HARDEN.

**TENNIS:** RON FREEDMAN and PETER TUNLEY won on court one and BILL HOWLAND and JOE "UFAUCVALLE ?" (note: Clearer writing would help immensely) won on court two.

**HEARTS:** PETER STERN said there were eight players. The winner at table #1, game #1 was GEORGE DIPPY and game #2 was PETER STERN. Table #2, game #1 was LEN SAARI. JACK SWEGER won both games #2 & 3. Shooting the moon were PETER STERN, MIKE AMBROSINO, JACK SWEGER and LEN SAARI. Next week's Captain is MIKE AMBROSINO.

## TODAY'S SPEAKER

**Dr. Paul Bernstein**, a Greenwich Optometrist, introduced by ARNOLD GORDON, spoke on the aging eye. He mentioned the four most common problems associated with age; Glaucoma, Diabetic Retinopathy, Macular Degeneration and Cataracts. Glaucoma is defined as a group of diseases that can damage the eye's optic nerve and result in vision loss and blindness. Diabetic Retinopathy is the direct result of chronic diabetes. Macular Degeneration is of unknown origin possibly caused by excessive smoking and drinking. MD has two categories; dry macular is distortion and blurring of vision and wet macular is blood and fluid leakage. Cataracts is the cloudiness of the eye lens. In addition, Dr. Bernstein mentioned two other conditions affecting the aged. Loose lids which are tears lacking sticking quality and dry eye syndrome which is defined as physiologic imbalances that affect ocular clarity. To offset these possible problems, he urged regular eye exams.

## NEXT WEEK'S SPEAKER

**David Gilbert**, Conductor of the Greenwich Symphony, on "Nourishing the Great Trees: The Life of A Conductor".

Scribe of the Week: New member, MARSHALL TOPPO, pressed into service during the meeting due to the absence of the assigned Scribe.

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