



RETIRED MEN'S ASSOCIATION OF GREENWICH, Inc. (RMA)
invites you to its meeting at
First Presbyterian Church, Lafayette Place, Greenwich, CT.

Amanda Poole

Alcohol and Substance Abuse

July 22, 2015

"Denial is not just a river in Egypt" goes the old saw about alcohol and drug addiction (say it out loud). But denial by the patient sure makes diagnosing it tougher. When is the line between recreational and problematic use crossed? How does one get someone into treatment, what does treatment consist of and how does a professional avoid alienating the user?



In addressing these complex, related questions of alcoholism and substance abuse, Amanda Poole will use illustrations from her practice and as time permits, also discuss the national implications and cost of alcoholism and drug abuse, the prevalence of occurrence, the elements of establishing a diagnosis, Alcoholics Anonymous, the use of medications, barriers to treatment and alternative therapeutic approaches such as the "controlled" use of alcohol.

For the last decade Ms. Poole has been in private practice as a psychotherapist in Greenwich. Previously she graduated from St. John's College in Santa Fe, N.M., obtained a Masters of Social Work degree at Columbia University, and was an addiction counselor in Greenwich Hospital.

Her practice focuses on alcohol and substance abuse problems and also specializes in couples counseling, depression, anxiety disorders, and parenting issues. She is the daughter of RMA member Jack Poole.

RMA meetings are free and open to the public; no reservations are required. Please plan to arrive around 10:40AM for our social break (coffee and cake), followed by our speaker at 11:00M. Meetings are held at the First Presbyterian Church in Greenwich, with parking on-street or at public lot two houses north of the church on Lafayette Place. For additional information, contact: jim.fishbein1@verizon.net or the RMA website: www.greenwichrma.org